

LIVING LIFE THROUGH FOOD



By Lucia



THEMATIC STATEMENT

I choose this topic because with food you can experience other cultures while getting to enjoy food and also feel closer to your own culture. There have been many instances where I've seen food bring people together and result in them having a great time. I have even experienced this myself since my families love language is food. Since I love going on adventures and visiting new places one of the ways I feel connected to the community is through food. While it may be my own or someone else's I get learn and connect with others through delicious food. When figuring out what topic to choose for this project I realized that most of my camera roll and memories were filled with food, friends, and family all in one scene. I truly feel that food can bring people together and something that I like to keep in mind is "Exploring Hardee - and in turn, the world - through food."



TOSTADAS

Went to the La Pasadita here in town and got tostadas. However the way my mom makes it is on top. This is my comfort food. Messy but delicious!



PANCAKES

This is MUST at Kikis Egghouse. I know it'll be a good day if I eat this for breakfast. I mean look at this art!





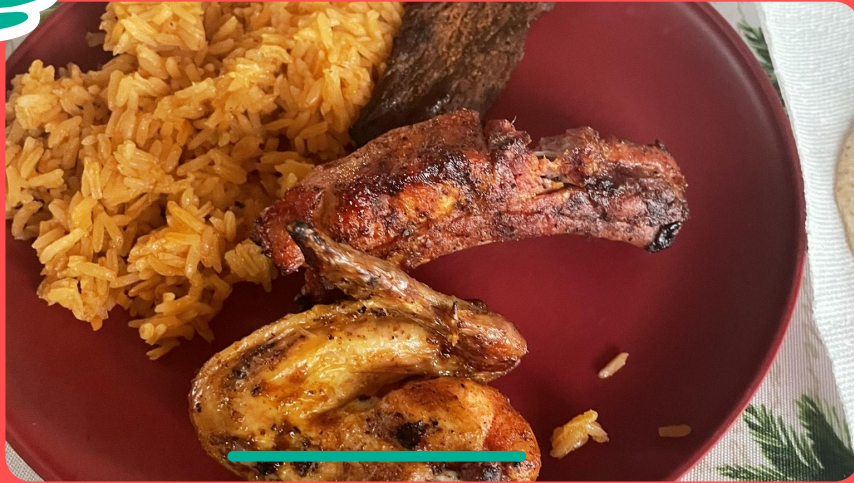
FLAUTAS

Made Flautas with rice and beans during our free cook for Culinary. Got to teach Mr. Aubry some new tricks and enjoy delicious food!

ESQUITE

La Michoacana is my favorite place to get agua frescas, ice cream, and most importantly esquites. Absolutely love going here.





CARNE ASADA

Carne asada = food coma. This is where food, friends, and family come together to have a great time!



SUSHI

Was hesitant to try at first but I'm so glad I tried it out because I was missing out. I like trying the different types of sushi and finding new ones to obsess over. I get this whenever possible.





HAMBURGER

You can't go wrong with a classic. Hamburgers and fries are the way to go when undecided. I still think about this meal from time to time. Had good food and a good time with family.



PAD THAI

We went to Keiser University on a field trip and got to learn how to make pad thai, spring rolls, & a peanut sauce to go with it.. It was my first time trying this and it was very delicious. Would definitely recommend!





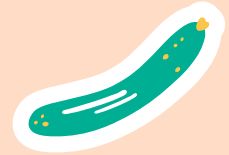
ROSCA

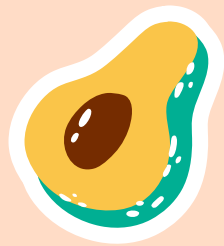
Getting one every year is a tradition. In here there are little baby dolls, whoever gets one has to bring tamales or some type of offering to the next gathering. This is something many know and do for Reyes de los Magos. I've gotten the baby for 2 years in a row but hey they say it's good luck.



FRIED FISH

My uncle loves to go fishing then come home, fry it, have some salsa & shrimp making everyone happy. Our love language is food. As they say home is wherever the food is.





THANK YOU!

